



International Federation of  
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Physical Therapists

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# WCPT Conference, Amsterdam

20 – 23 June, 2011

Developing and Advancing International Post-Professional Educational  
Standards in Physical Therapy :  
A Canadian Perspective

Jackie Sadi BSc(PT), MSc, FCAMPT



Canadian  
Physiotherapy  
Association    l'Association  
canadienne de  
physiothérapie



**Orthopaedic Division**  
**Groupe d'orthopédie**





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## Objective

- Insight into the Canadian Perspective
- Describe the Traditional OMT education system (and it's challenges)
- Development of a new University based OMT program



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## History of OMT in Canada

- 1974 WCPT in Montreal, Canada IFOMPT Formation
  - 1974 David Lamb 1<sup>st</sup> member of Standards Committee
- “grass-roots development”
- 1984 Canada a voting member of IFOMPT
  - 1985 OMT Canadian system was developed



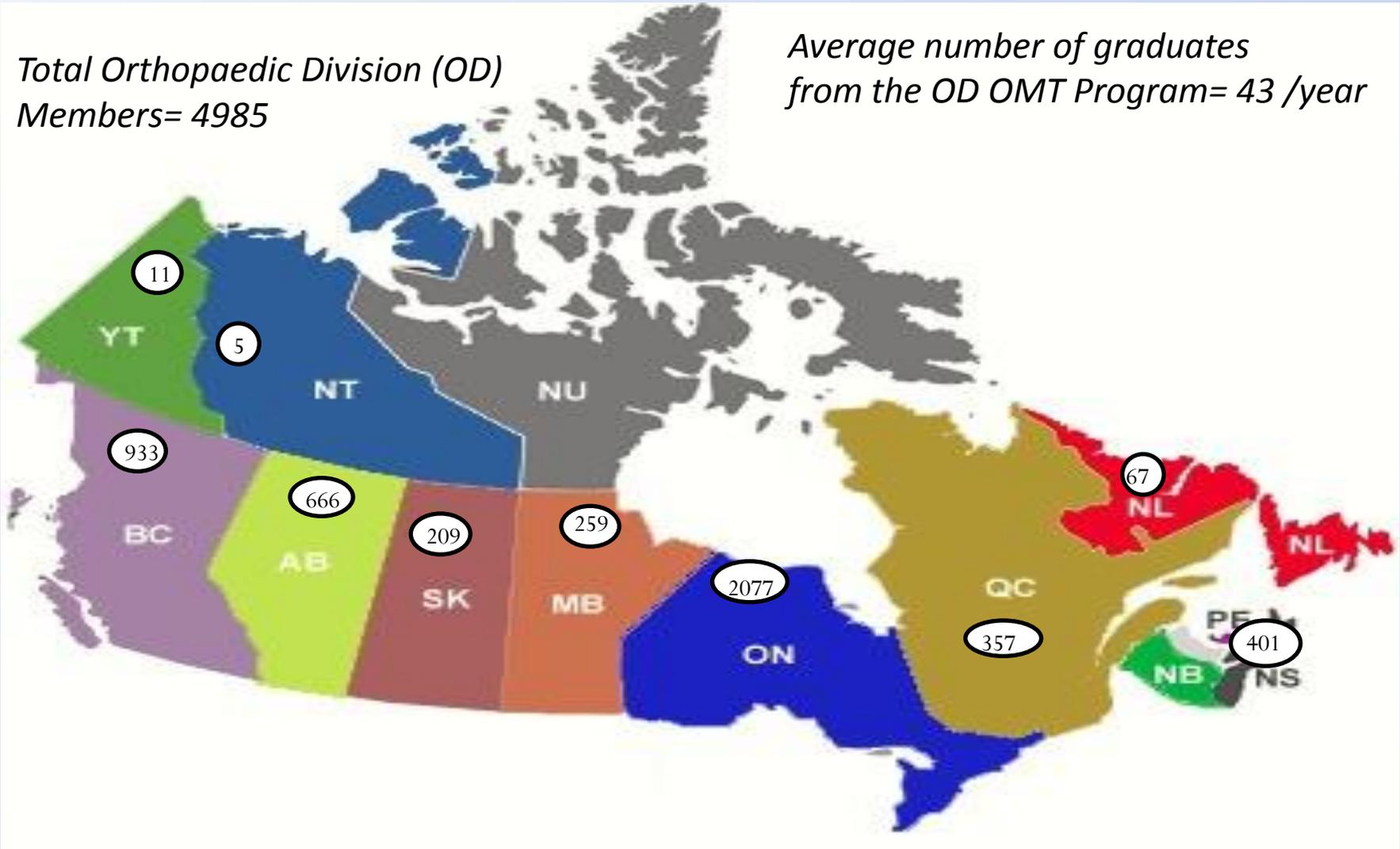
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Total Orthopaedic Division (OD)  
Members= 4985

Average number of graduates  
from the OD OMT Program= 43 /year





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Canadian Physiotherapy  
Association (CPA)

Orthopaedic Division (OD)  
Education committee

“grass-roots development”

Level 1 - 5 Courses

Challenge National  
Written, Case and  
Practical Exam

Successful completion  
allows membership to  
CAMPT



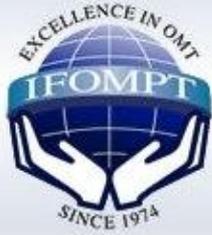
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## Standards Committee and Canadian OMT Program

- 1985 formation of OMT Curriculum within OD
- 1995 formation of CAMPT
- 1999 OD curriculum revamped to reflect IFOMPT standards
- 2005 OD curriculum reviewed with addition of mentorship guidelines
- 2007 **University of Western Ontario (UWO)** in collaboration with the OD Education Committee created the first MCIsc program in Canada

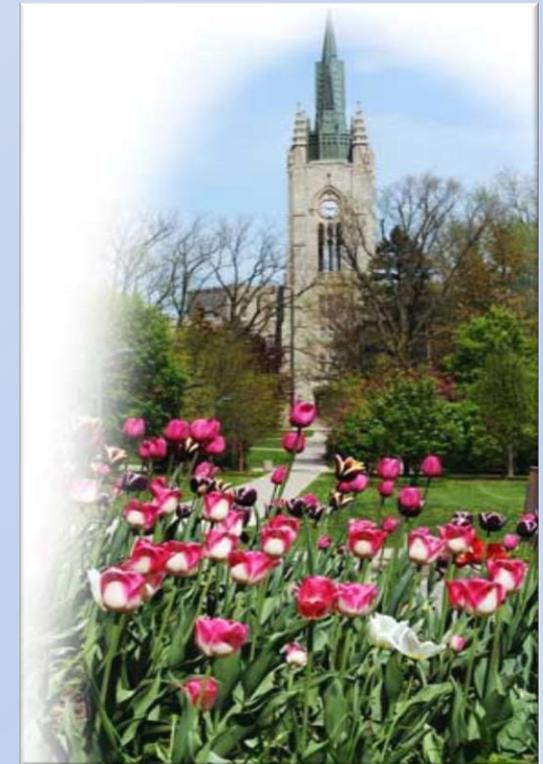


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## University of Western Ontario – MClSc in Manipulative Therapy



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## UWO – MCIsc (manipulative therapy field) Program

- Distance learning program
- 3 on-site residencies (manual skill development)
- 7 courses - advanced orthopaedics (three), research methods, professionalism, research project
- 55 graduates (2007-2010)





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Preparation of  
Document for  
OD IFOMPT  
Monitoring

Recommendations  
for OD IFOMPT  
Standards  
Committee

Preparation of  
Document for OD  
and UWO IFOMPT  
Monitoring

Consider  
recommendations

2007

2008

2009

2010

2011

2012

Start of University  
of Western Ontario  
MCISc Program

IFOMPT  
International  
Monitoring of OD  
Canada

IFOMPT  
International  
Monitoring of OD  
and UWO Canada

“grass-roots development”

# Timelines



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# MENTORING

*Consistency, Educational Updates, Monitoring*





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## Action Plan for Mentorship Development :

- ✓ 2005 – Mandatory mentorship hours instituted
- ✓ 2005 National Database created 340 FCAMPTs
- ✓ 2006/2007 – National mentorship guidelines distributed
- ✓ 2008 – 2010 – Educational newsletters and *on-line modules*
- ✓ 2011 – Mandatory patient assessments and online resource



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**Preceptor Education  
Program (PEP)**  
For Health Professionals  
and Students

The University of Western Ontario, Health Sciences, a project funded by The Ministry of Health and Long-Term Care  
Developed by: Bossers, A., Bezzina, M.B., Hobson, S., Kinsella, A., MacPhail, A., Schurr, S., Moosa, T., Rolleman, L., Ferguson, K.,  
DeLuca, S., Macnab, J. & Jenkins, K.

Module 1: Orientation

Module 2: Developing Learning objectives

Module 3: Giving and Receiving Informal Feedback

Module 4: Understanding and Fostering Clinical Reasoning

Module 5a: Fostering Reflective Practice

Module 5b: Advanced Topics in Reflective Practice

Module 6: Dealing with Conflict

Module 7: The Formal Evaluation Process

Website: [www.preceptor.ca](http://www.preceptor.ca)

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## Conclusion:

- *Vision, leadership, innovation, education and quality assurance* has initiated changing standards in Advanced Manipulative Orthopaedic Physical Therapy in Canada thru  
“grass-roots development”
- IFOMPT standards committee has consistently challenged Canada to put our best foot forward



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Thank you  
*IFOMPT Conference*  
*Quebec City, Quebec, Canada*  
*September 30<sup>th</sup> – October 5, 2012*

WCPT Conference, Amsterdam  
20 – 23 June 2011



September 30<sup>th</sup> to October 5<sup>th</sup>, 2012

Québec City, Canada

# IFOMPT 2012

*Rendez-vous* of Hands and Minds

## Confirmed keynotes

- David Butler
- Gray Cook
- Gwen Jull
- Karim Khan
- Joy MacDermid
- Peter O'Sullivan
- Annelies Pool-Goudzwaard
- Shirley Sahrman

Call for papers and abstracts

## NOW OPEN!

Fortified Québec City, a Unesco World Heritage Site, is awaiting your discovery. Join us for a treat of Québec's "savoir faire", feast on some maple products and come and enjoy our Cirque tradition.

[www.ifomptconference.org](http://www.ifomptconference.org)

Hosting Organisation :

**CAMP T**

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